

## Price List

### Daily Swim or Gym

Adult Swim OR Gym	€7.50
Child Swim (3-15yrs inclusive)	€4.00
OAP/Unemployed/Student*	€5.00
Family (2Adults & 3Kids)	€19.00

### Weekly Membership

Adult Swim/Gym	€18.00
OAP/Unemployed/Student*	€15.00
Family (2Adults & 3Kids)	€40.00
Child Swim <16	€12.00

### Monthly Membership

Adult Swim/Gym	€48.00
OAP/Unemployed	€40.00
Student*	€35.00
Family	€90.00

\*Student ID required

### Yearly Ticket

Adult	€375
Family	€750
Couple	€600

### GROUP CHILDRENS SWIM LESSONS

#### Summer Camps available for:

- Children's Group Swimming Lessons
- Duckling Classes
- Lane Swimming camps
- Swimming for those with additional needs

## Pool Program

### Monday

AQUA 9.15-10.00 am  
7.00 pm- 7.45 pm (18<sup>th</sup> July x6 weeks)

### TUESDAY

Adult Lane Swimming 7.45-8.30pm 5<sup>th</sup> July

### WEDNESDAY

AQUA 9.15 am-10.00 am

### THURSDAY

Adult Swimming Lessons 9.00 -9.45 am  
Aqua Aerobics 7.00 – 7.45 p.m.  
Adult Swimming Lessons 7.45-8.30 4<sup>th</sup> Aug

### FRIDAY

AQUA 9.15 am-10.00 am

### GYM

Monday – Sunday from opening times to closing times on Pool Timetable. Bookings are on an hourly basis.

Private Gym / Class Available on request

Follow us on....



051 640955  
seankellysc@gmail.com  
seankellysportscentre.com



## August 2022



### MAKING FITNESS FUN!

## Gym, Swim, + Much More

051 640955  
seankellysc@gmail.com  
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Swim times are open to change at short notice.  
Please check our Facebook page for daily updates.

<p><b><u>Monday 1<sup>st</sup> Aug</u></b>  10.00-10.45  11.00-11.45  12.00-12.45  1.00-1.45  2.00-2.45  3.00-3.45</p> <p><b>Bank Holiday</b>  <b>Gym 10.00-3.45</b></p>	<p><b><u>Tuesday 2<sup>nd</sup> Aug</u></b>  8.00-8.45(AO)  9.00-9.45  10.00-10.45  11.00-11.45  12.00-12.45  1.00-1.45(AO)  2.00-2.45  3.00 – 4.00 (half-pool)  4.00-4.45  5.00-5.45  6.00-6.45  7.00-8.30(AO)  (AO 7.30-8.30pm half-pool)</p>	<p><b><u>Wednesday 3<sup>rd</sup> Aug</u></b>  8.00-9.15(AO)  9.15-10.00 AQUA  10.00-10.45  11.00-11.45  12.00-12.45  1.00-1.45 (AO)  2.00-2.45  3.00-3.45  4.00-4.45  5.00-5.45  6.00-6.45  7.00-7.45  7.45-8.30 (AO)</p>	<p><b><u>Thursday 4<sup>th</sup> Aug</u></b>  8.00-8.45 (AO)  9.00-9.45 Half Pool  10.00-10.45  11.00-11.45  12.00-12.45  1.00-1.45(AO)  2.00-2.45  3.00-3.45  4.00-4.45  5.00-5.45  6.00-6.45  7.00-7.45 AQUA  7.45-8.45 (AO)  <u>Half Pool</u></p>	<p><b><u>Friday 5<sup>th</sup> Aug</u></b>  8.00-9.15 (AO)  9.15-10.00 AQUA  10.30-11.30(half pool)  11.45--12.45  1.00-1.45(AO)  2.00-2.45  3.00-3.45  4.00-4.45  5.00-5.45  6.00-6.45  7.00-7.45</p>
<p><b><u>Saturday 6<sup>th</sup> Aug</u></b>  9.00-9.45  10.00-10.45  11.00-11.45  12.00-12.45  1.00-1.45  2.00-2.45  3.00-3.45</p> <p><b>Gym closed at 4pm</b></p>	<p><b><u>Sunday 7<sup>th</sup> Aug</u></b>  9.00-9.45  10.00-10.45  11.00-11.45  12.00-12.45  1.00-1.45  2.00-2.45  3.00-3.45</p> <p><b>Gym closed at 4pm</b></p>	<p><b><u>Monday 8<sup>th</sup> Aug</u></b>  8.00-9.15(AO)  9.15-10.00 (Aqua)  11.45-12.45  1.00-1.45(AO)  2.00-2.45  3.00-3.45  6.00-6.45  (7.00-7.45 Aqua)  7.45-8.45(AO)</p>	<p><b><u>Tuesday 9<sup>th</sup> Aug</u></b>  8.00-8.45(AO)  9.00-9.45  11.45-12.45  1.00-1.45(AO)  2.00-2.45  3.00 – 4.00 (half-pool)  6.00-6.45  7.00-8.30(AO)  (AO 7.30-8.30pm half-pool)</p>	<p><b><u>Wednesday 10<sup>th</sup> Aug</u></b>  8.00-9.15(AO)  9.15-10.00 AQUA  11.45-12.45  1.00-1.45 (AO)  2.00-2.45  3.00-3.45  6.00-6.45  7.00-7.45  7.45-8.30 (AO)</p>
<p><b><u>Thursday 11<sup>th</sup> Aug</u></b>  8.00-8.45 (AO)  9.00-9.45 Half Pool  11.45-12.45  1.00-1.45(AO)  2.00-2.45  3.00-3.45  6.00-6.45  7.00-7.45 AQUA  7.45-8.45 (AO)  <u>Half Pool</u></p>	<p><b><u>Friday 12<sup>th</sup> Aug</u></b>  8.00-9.15 (AO)  9.15-10.00 AQUA  10.30-11.30(half pool)  11.45--12.45  1.00-1.45(AO)  2.00-2.45  3.00-3.45  4.00-4.45  5.00-5.45  6.00-6.45  7.00-7.45</p>	<p><b><u>Saturday 13<sup>th</sup> Aug</u></b>  9.00-9.45  10.00-10.45  11.00-11.45  12.00-12.45  1.00-1.45  2.00-2.45  3.00-3.45</p> <p><b>Gym closed at 4pm</b></p>	<p><b><u>Sunday 14<sup>th</sup> Aug</u></b>  9.00-9.45  10.00-10.45  11.00-11.45  12.00-12.45  1.00-1.45  2.00-2.45  3.00-3.45</p> <p><b>Gym closed at 4pm</b></p>	<p><b><u>Monday 15<sup>th</sup> Aug</u></b>  8.00-9.15(AO)  9.15-10.00 (Aqua)  11.45-12.45  1.00-1.45(AO)  2.00-2.45  3.00-3.45  4.00-4.45  6.00-6.45  (7.00-7.45 Aqua)  7.45-8.45(AO)</p>